

Myers-Briggs Personality Indicator

The purpose of the Myers-Briggs personality inventory is to make the theory of psychological types understandable and useful in people's lives. Many businesses, sports teams and colleges have begun using the Myers-Briggs test to get a better understanding of not only themselves but the people they are working with.

Complete the following steps below:

- a) Go to <http://www.humanmetrics.com/cgi-win/jtypes2.asp> (You can also access the link from my classroom website via the assignments page.
- b) Obtain your 4-letter type formula along with the strengths of preferences and the description of your personality type.
- c) Answer the following questions in the “Activities & Homework” Section of your journal.

Questions

- 1) What 4-letter personality type were you given? What does each letter stand for?
- 2) Click the top left box underneath the “Self-Development” section that gives a description of your personality types. After reading the description and looking at the chart how accurate do you believe this test to be? What are some attributes that you believe fit your personality?
- 3) Click the bottom left “Careers Choices for your Type.” What types of jobs and careers does this test suggest would be good for your personality? Do you agree? Have any of those careers ever crossed your mind before this test?
- 4) Click on the “Famous _____” tab that shows famous people with your personality type. Pick two names that you recognize? Who are they are what are they famous for?